

CURRICULUM VITAE

INFORMAZIONI PERSONALI

Nome	Hardoy Maria Carolina
Data di nascita	14/01/1967
Qualifica	Dirigente Medico di Psichiatria
Amministrazione	AZIENDA OSPEDALIERA G. BROTZU
Incarico attuale	Dirigente - Direzione Sanitaria
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TITOLI DI STUDIO E PROFESSIONALI ED ESPERIENZE LAVORATIVE

Titolo di studio	Medico Chirurgo Specialista in Psichiatria / Psicoterapeuta, Dottore di ricerca
Altri titoli di studio e professionali	<ul style="list-style-type: none">- 15/3/2005 Philosophy Doctor (Dottorato di ricerca) in Neurobiology and Clinical of Affective Disorders, University of Pisa / 31/10/2000 Post Graduate in Psychiatry at the University of Cagliari, Summa cum Laude and special mention award / 30/10/1995 Degree in Medicine and Surgery at the University of Florence, Summa cum Laude- Other courses: Xth European Certificate in Anxiety and Mood Disorders, Maastricht University and European Community. Director: Prof. E.J.L. Griez. Fontevraud, France, 5-10 Ottobre, 1998 / Course Academy Raising the level of expectations for persons with serious mental illness. Director: Prof. Ralph Aquila. St. Luke's Roosevelt Hospital Center, New York, 13-17/9/2000 / Training for the Structured Clinical Interview for DSM-IV (SCID-I/P Version 2.0). Pisa 6/10/2001 / A seminar in Medical Writing. Institute for Applied Language Studies. University of Edinburgh, 6-8/11/2003 / Post Graduate Course How to write, review and publish a scientific paper. Villa Tuscolana 8-9/11/2003.- Organisational skills and competences: President of the Mediterranean Society on Mental Health Assistant Editor in Chief Journal "Clinical Practice and Epidemiology in Mental Health", Bentham Science Publishers Ltd, ISSN 1745-0179, Abstracted/Indexed in: PubMed Central, Unofficial Impact Factor: 1.43, http://www.benthamscience.com/open/cpemh/index.htm, SCImago. (2007). SJR — SCImago Journal & Country Rank. Retrieved August 07, 2011, from

<http://www.scimagojr.com>. Member of the Editorial Board of The Scientific World JOURNAL as part of the journal's Psychiatry Domain, Hindawi Publishing Corporation, <http://www.hindawi.com/>, Impact Factor of 1.524, <http://www.tswj.com/> (TSWJ Home Page), <http://www.tswj.com/workflow/> (Workflow), <http://www.tswj.com/editors/psychiatry/> (Editorial Board for Psychiatry)

- Technical skills and competences: Reviewer (PubMed Journals) Anxiety and Depression, CNS Spectrum, Journal of Affective Disorders, Journal of Psychosomatic Research, Psychosomatics, Psychotherapy and Psychosomatics, Pharmacopsychiatry, Biomed Central Psychiatry, BMC Central Public Health, Social Psychiatry and Psychiatric Epidemiology, Bipolar Disorders, Neurocase, The Primary Care Companion, Neuropsychologia, Rivista di Psichiatria, Psychoneuroendocrinology, International Journal of Geriatric Psychiatry, Comprehensive Psychiatry.
- Other skills and competences: Awards: First prize as reviewer with the Acta Psychiatrica Scandinavica, at the course How to write, review and publish a scientific paper, Villa Tuscolana 8-9/11/2003 / Second prize poster IX Congress of "Società Italiana di Psicopatologia", Roma 24-28/2/04 / First prize poster XI Congress "Società Italiana di Psicopatologia", Roma 21-25/2/06 / Poster prize Congresso Società Italiana di Psicopatologia. Roma 10-14/2/09 / Prize poster XIV Congress "Società Italiana di Psicopatologia", Roma 16-20/2/10.
- INSTRUMENTS: -Italian version (Cagliari: Cuec Editrice. Carta MG, Hardoy MC (1998)) Assessment and information rating profile (AIRP) by Bouras 1995. -Adattamento italiano Manuale WCST Wisconsin Card Sorting Test. Forma completa revisionata by Heaton RK et al. Firenze: Organizzazioni Speciali. Hardoy MC, Carta MG, Hardoy MJ, Cabras PL (2000) -Italian version (Carta MG, Hardoy MC) of "Hypomania/Mania Symptom Checklist (HCL-32)" by Angst J et al. -Italian version (QUESTIONARIO PER I DISTURBI DELL'UMORE, Maria Carolina Hardoy, Mauro Giovanni Carta, PierLuigi Morosini) of "Mood Disorder Questionnaire" by Hirschfeld RM et al. -"Advanced Neuropsychiatric Tools and Assessment Schedule" (ANTAS) per ricerche sull'uso dei farmaci nei disturbi dell'umore. Hardoy MC, Lecca ME, Morosini PL, Drago F, Balestrieri M, Bocchetta A, Nardini M, Aguglia E, Faravelli C, Palumbo G, Intilla G, Carta MG. Electronic version in www.eugeniococco.it/aifa
- Monographs, books, chapters in books: 1. Carta MG, Hardoy MC (1998) Assessment and information rating profile (AIRP). Versione italiana. Cagliari: Cuec Editrice. 2. Hardoy MC, Carta MG, Hardoy MJ, Cabras PL (2000) Adattamento italiano Manuale WCST Wisconsin Card Sorting Test. Forma completa revisionata by Heaton RK, Chelune GJ, Talley JL, Kay GG, Curtiss G. Firenze:

Organizzazioni Speciali. 3. Massidda B, Ionta MT, Salvago F, Hardoy MC (2002) Terapia di supporto nutrizionale, antinfettiva e trasfusionale. In: Psicooncologia. Amadori D, Bellani ML, Bruzzi P, Casali PG, Grassi L, Morasso G, Orrù W, eds. Milano: Masson. Parte IX, cap. 63, pg. 561-566. ISBN 88-214-25398. 4. Carpiello B, Mantovani G, Carta MG, Hardoy MC, Astara G, Orrù W (2002) L'anziano. In: Psicooncologia Amadori D, Bellani ML, Bruzzi P, Casali PC, Grassi L, Morasso G, Orrù W, eds. Milano: Masson. ISBN 88-214-25398.

- 5. Carta MG, Hardoy MC, Carpiello B (2002) Il medico di Medicina Generale e la cura del disagio emotivo. Cagliari: Lithografiche. 6. Carta MG, Hardoy MC, Floris L, Reda MA, Carpiello B (2005) A constructivist model of mood disorders from trans-cultural studies in Focus on Depression Research (edited by Devito Jeremy T.) New York: Nova Science Publishers Inc. Chapter I. ISBN: 1-59033-977-0. 7. Hardoy MC in: Donne tra lavoro e famiglia. Agenda 2010. Ufficio della Consigliera di Parità e Assessorato del Lavoro, Formazione, Cooperazione e Sicurezza Sociale, Regione Autonoma della Sardegna e Ministero del lavoro, della salute e delle politiche sociali. "con Agenda Mia un'anno alla salute delle donne", ...per conoscere i suoi fattori di rischio e, soprattutto, curarli!! Società cooperativa di giornalisti, Edit.coop, Roma 2009. 8. Carta MG, Hardoy MC. Differenziare il disturbo bipolare dalla depressione unipolare. Medioformat anno XV/n° x-xxxxx 2010. Springer Verlag Italia srl. Milano.
- Internet monographs/publications 9. Carta MG, Carpiello B, Hardoy MC, Nardini M. "Il Medico di medicina generale e la cura del disagio emotivo" in www.edott.it (sito accreditato ECM, fase sperimentale 17 crediti e accreditato ECM fase operativa, provincia autonoma di Trento 20 crediti). 10. Carta MG, Hardoy MC. Depressione Maggiore e Bipolarità Lieve: un utile strumento per la diagnosi in www.edott.it/viewArticoloPopUp.php (2005)
- Official Report 11. The State of The Mental Health in Europe, Consiglio d'Europa, Bruxelles 2005, <http://www.stakes.fi/mentalhealth/> (Progetto "Report on the Status of Mental Health in Europe").
- Publications in indexed journals: 12. La Malfa GP, Notarelli, Hardoy MC, Bertelli, Cabras (1997) Psychopathology and Mental Retardation: an Italian epidemiological study using the PIMRA. Research in Developmental Disabilities 18, 3:179-84. 13. La Malfa GP, Parigi, Bartelli, Bertelli, Hardoy MC, Lucchesi, Cabras (1997) Computerized Ocular Movements (COM) and positive-negative symptoms in schizophrenia. Minerva Psichiatrica 38, 3:121-5. 14. Rudderow A, Hardoy MJ, Hardoy MC, Carta MG (1998) Gabapentin may work in affective disorders. Clinical Psychiatry News 26, 9:5. 15. Cabras PL, Hardoy MJ, Hardoy MC (1998) Clinical experience with gabapentin in patients with bipolar disorder: results of an open label

study. *European Psychiatry* 13,4:244s. 16. Cabras PL, Hardoy MJ, Hardoy MC, Carta MG (1999) Clinical experience with gabapentin in patients with bipolar and schizoaffective disorder: results of an open label safety and dose ranging study. *Journal of Clinical Psychiatry* 60,4:245-8.

- 17. Carta MG, Hardoy MC, Manconi PE, Serra P, Barranca A, Caffarelli CM, Manca E, Ghiani A (1999) Down syndrome patients: Alzheimer-like implication of the immune system. *European Neuropsychopharmacology*, 9, 5:S319.
- 18. Hardoy MC, Hardoy MJ, Carta MG, Cabras PL (1999) Gabapentin is a promising treatment for antipsychotic induced movement disorders in schizoaffective and bipolar patients. *Journal of Affective Disorders*, 54:315-317. 19. Carta MG, Hardoy MC, Hardoy MJ (1999) Learning Disabilities and Bipolar Spectrum Disorders. *Bipolar Disorders*, Editore Munksgaard Copenhagen, Vol. 1, Supplement 1, 26. 20. Hardoy MJ, Hardoy MC, Carta MG, Cabras PL (1999) Gabapentin in the treatment of Bipolar Disorders. *Bipolar Disorders*, Editore Munksgaard Copenhagen, Vol. 1 Supplement 1, 34. 21. Hardoy MC, Carta MG, Hardoy MJ (2000) The use of gabapentin and tiagabine in affective disorders. *The International Journal of Neuropsychopharmacology* S22(S.14.4).
- 22. Hardoy MC, Carta MG, Hardoy MJ (2000) Use of gabapentin in antipsychotic-induced blepharospasm and involuntary movements. *The International Journal of Neuropsychopharmacology* S99(P.01.025). 23. Hardoy MC, Carta MG, Hardoy MJ, Cabras PL (2000) Visual spatial abilities: results in schizophrenia and in delusional disorders. *The International Journal of Neuropsychopharmacology* S103(P.01.042). 24. Hardoy MC, Carta MG, Hardoy MJ, Carpinello B, Rudas N (2000) Paroxetine effects on cognitive changes in adjustment disorder with depressed mood. *The International Journal of Neuropsychopharmacology* S104(P.01.043). 25. Hardoy MC, Carta MG, Hardoy MJ (2000) Neurocognitive functions and olanzapine in schizophrenia. *The International Journal of Neuropsychopharmacology* S104(P.01.044). 26. Carta MG, Hardoy MC, Hardoy MJ (2000) Amisulpride + fluvoxamine: early onset of SSRI action in major depression. *The International Journal of Neuropsychopharmacology* S224(P.03.164).
- 27. Carta MG, Hardoy MC, Manconi PE, Serra P, Barranca A, Caffarelli CM, Manca E, Ghiani A (2000) Proinflammatory cytokines levels in patients with Down's syndrome and in patients with Mental Retardation without Down's syndrome. *The International Journal of Neuropsychopharmacology* S305(P.12.01). 28. Carta MG, Orrù W, Hardoy MC, Carpinello B. (2000) Alexithymia and early diagnosis of uterine carcinoma: results of a case-control study. *Psychotherapy and Psychosomatics*

69:339-340. 29. Lorenzi P, Hardoy MC, Cabras PL (2000) Life's crisis and the body within. *Psychopathology* 33(6):283-91. 30. Carta MG, Kovess V, Morosini PL, Hardoy MC, Marroccu MC, Carpiniello B (2001) Una ricerca epidemiologica sulla prevalenza dei disturbi psichiatrici in immigrati sardi a Parigi a confronto con parigini e sardi residenti in Sardegna. *Annali di Igiene, Medicina Preventiva e di Comunità* 13:139-149.

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- 50. Carta MG, Kovess V, Hardoy MC, Brugha T, Fryers T, Lehtinen V, Xavier M (2004) Psychosocial wellbeing and psychiatric care in the European Communities: analysis of macro indicators. *Social Psychiatry and Psychiatric Epidemiology* 39(11):883-892. 51. Hardoy MC, Carta MG, Marci AR, Carbone F, Cadeddu M, Kovess V, Dell'Osso L, Carpiello B (2005) Exposure to aircraft noise and risk of psychiatric disorders: the Elmas survey. *Aircraft noise and psychiatric disorders. Social Psychiatry and Psychiatric Epidemiology* 40(1):24-26.
- 52. Carta MG, Hardoy MC (2005) Why a new online open access journal in the field of clinical and epidemiological research in mental health? *Clin Pract Epidemiol Ment Health* (Apr) 1(1):1. BioMedCentral Ltd. 53. Hardoy MC, Garofalo A, Carpiello B, Calabrese JR, Carta MG (2005) Combination quetiapine therapy in the long-term treatment of patients with bipolar I disorder. *Clin Pract Epidemiol Ment Health* (Jul) 1:7. BioMedCentral Ltd. 54. Hardoy MC, Cadeddu M, Murru A, Carpiello B, Dell'Osso B, Morosini P, Calabrese JR, Carta MG (2005) Validation of the Italian version of the "Mood Disorder Questionnaire" for the screening of bipolar disorders. (Mood Disorder Questionnaire by Hirschfeld RM,

Williams JB, Spitzer RL, Calabrese JR, Flynn L, Keck PE Jr, Lewis L, McElroy SL, Post RM, Rapport DJ, Russell JM, Sacks GS, Zajecka J). Clin Pract Epidemiol Ment Health (Jul) 1:8. BioMedCentral Ltd.

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- 57. Hardoy MC, Carta MG, Garofalo A, Calabrese JR (2005) Quetiapine in long-term add-on therapy of patients with bipolar I disorder inadequately responsive to treatment. European Neuropsychopharmacology vol. 15, suppl. 3, 465.
- 58. Hardoy MC, Serra M, Carta MG, Contu P, Sardu C, Pisu MG, Floris I, Berutti E, Muzzetto R, Pirastu A, Biggio G (2005) Neurosteroids in bipolar disorder and major depressive disorder: findings of a controlled study in women during premenstrual phase. European Neuropsychopharmacology vol. 15, suppl. 3, 365.
- 59. Carta MG, Hardoy MJ, Carpiello B, Hardoy MC (2005) Gabapentin and tiagabine: effective drugs in bipolar disorders? Asp of Aff 1(1):34-40. RPA Publications Ltd.
- 60. Carta MG, Hardoy MC, Cadeddu M, Murru A, Campus A, Morosini PL, Gamma A, Angst J (2006) The accuracy of the Italian version of the Hypomania Checklist (HCL-32) for the screening of bipolar disorders and comparison with the Mood Disorder Questionnaire (MDQ) in a clinical sample. Clin Pract Epidemiol Ment Health (Mar) 2:2. BioMedCentral Ltd.
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- 62. Carta MG, Zairo F, Mellino G, Hardoy MC, Vieta E (2006) An open label follow-up study on amisulpride in the add-on treatment of bipolar I patients. Clin Pract Epidemiol Ment Health (Aug) 2:19. BioMedCentral Ltd.
- 63. Carta MG, Cardia C, Mannu F, Intilla G, Hardoy MC, Anedda C, Ruggero V, Fornasier D, Cacace E (2006) The high frequency of manic symptoms in fibromyalgia does influence the choice of treatment? Clin Pract Epidemiol Ment Health (Dec) 2:36.
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- 68. Carta MG, Zairo F, Mellino G, Hardoy MC (2007) Add-on quetiapine in the treatment of major depressive disorder in elderly patients with cerebrovascular damage. Clinical Practice and Epidemiology in Mental Health (Nov) 3:28. 69. Carta MG, Hardoy MC, Pilu A, Sorba M, Floris AL, Mannu FA, Baum A, Cappai A, Velluti C, Salvi M (2008) Improving physical quality of life with group physical activity in the adjunctive treatment of major depressive disorder. Clinical Practice and Epidemiology in Mental Health (Jan) 4:1. 70. Hardoy MC, Sardu C, Dell'Osso L, Carta MG (2008) The link between neurosteroids and syndromic/syndromal components of the mood spectrum disorders in women during the premenstrual phase. Clinical Practice and Epidemiology in Mental Health (Feb) 4:3. 71. Carta MG, Hardoy MC, Fryers T. Are structured interviews truly able to detect and diagnose Bipolar II disorders in epidemiological studies? The king is still nude! Clin Pract Epidemiol Ment Health. 2008 Nov 21;4:28.
- 72. Carta MG, Balestrieri M, Murru A, Hardoy MC. Adjustment Disorder: epidemiology, diagnosis and treatment. Clin Pract Epidemiol Ment Health. 2009 Jun 26;5:15. 73. Hardoy MC, Carta MG. Strategy to Accelerate or Augment the Antidepressant Response and for An Early Onset of SSRI Activity. Adjunctive Amisulpride to Fluvoxamine in Major Depressive Disorder. Clin Pract Epidemiol Ment Health 2010 vol.6, pp.1-3 (3). 74. Carta MG, Aguglia E, Bocchetta A, Balestrieri M, Caraci F, Casacchia M, Dell'Osso L, Di Sciascio G, Drago F, Faravelli C, Lecca ME, Moro MF, Morosini PL, Nardini M, Palumbo G, Hardoy MC. The use of antidepressant drugs in Italy and the lifetime prevalence of Major Depressive and Bipolar Disorders. Clinical Practice & Epidemiology in Mental Health 2010, vol. 2, 000-000 11745-0179/10 2010 Bentham Open.
- 75. Hardoy MC, Seruis ML, Floris F, Sancassiani F, Moro MF, Mellino G, Lecca ME, Adamo S, Carta MG. Benefits of exercise with mini tennis in intellectual disabilities: effects on body image and psychopathology. Clinical Practice & Epidemiology in Mental Health 2011, 7: 1-5. 76. Hardoy MC, Cadeddu M, Serra M, Moro MF, Mura G, Mellino G,

CURRICULUM VITAE

	<p>Bhat KM, Altoè G, Usai P, Piga M, Carta MG. A pattern of cerebral perfusion anomalies between major depressive disorder and Hashimoto thyroiditis. BMC Psychiatry, 2011 (MS 1330266460552635), 11:148. 77. Carta MC, Tondo L, Balestrieri M, Caraci F, Dell'Osso L, Di Sciascio G, Faravelli C, Hardoy MC, Lecca E, Moro MF, Bhat KM, Casacchia M, Drago F. Sub threshold depression and antidepressants use in a community sample: searching anxiety and finding bipolar disorder. BMC Psychiatry 2011, 2000301045490037.</p> <p>- 78. Carta MC, Aguglia E, Balestrieri M, Calabrese JR, Caraci F, Dell'Osso L, Di Sciascio G, Drago F, Faravelli C, Lecca ME, Moro MF, Nardini M, Palumbo G, Hardoy MC. The lifetime prevalence of bipolar disorders and the use of antidepressant drugs in bipolar depression in Italy Journal of Affective Disorders 2011, 5260.</p>						
Esperienze professionali (incarichi ricoperti)	<p>- 2004-07 Grant Professor of Neuropsychobiology, Degree course of Neuropsychobiology, University of Cagliari and researcher Department of Experimental Biology, Neuroscience Section 2001 Researcher Istituto Superiore di Educazione Fisica dell'Aquila, sede di Cagliari and CNR 2000 Researcher Department of Pathology and Clinical and Experimental Medicine, University of Udine and National Institute of Health, Rome - Other work experiences</p> <p>- 2011 Psychiatrist AUSI 4 Lanusei 2010-11 Centre for Consultation Psychiatry and Psychosomatics, University of Cagliari 2008-11 Coordinator/grant professor of Psychopathology of the Degree course of Techniques of Psychiatric Rehabilitation, Faculty of Medicine, University of Cagliari 2008-11 Collaboration in research projects and teaching, Reald University of Vlore, Albania. 2008-11 Coordinator and Professor at the "blended" (partially on-line) International First Level Post doctoral Master University of Cagliari 2008-10 Centre for Research and Clinical Practice in Mental Health, University of Cagliari, ASL 7 Iglesias 2007-11 Researcher Agenzia Italiana del Farmaco and Department of Public Health University of Cagliari 2007-08 Tutor integrated course of Neurology, Psychiatry and Clinical Psychology, Faculty of Medicine, University of Cagliari 2006-07 WHO Collaborating Center of Mental Health of Trieste, ASL Triestina 1, Department of Public Health - Other work experiences</p> <p>- 2009-2012 Representative of the Sardinia Region government (Regione Autonoma della Sardegna) at the national commission on Mental Health (Interregional Group for Mental Health of the Health Commission of the State and Regions Conference of the Italian government -Gruppo Interregionale per la Salute Mentale della Commissione Salute della Conferenza Stato Regioni-) and in charge, for such a commission, of the contacts with the European Union. - REGIONE AUTONOMA DELLA SARDEGNA</p>						
Capacità linguistiche	<table><tr><th>Lingua</th><th>Livello Parlato</th><th>Livello Scritto</th></tr><tr><td>Inglese</td><td>Eccellente</td><td>Eccellente</td></tr></table>	Lingua	Livello Parlato	Livello Scritto	Inglese	Eccellente	Eccellente
Lingua	Livello Parlato	Livello Scritto					
Inglese	Eccellente	Eccellente					

CURRICULUM VITAE

Capacità nell'uso delle tecnologie
Altro (partecipazione a convegni e seminari, pubblicazioni, collaborazione a riviste, ecc., ed ogni altra informazione che il dirigente ritiene di dover pubblicare)

Francese	Fluente	Fluente
Spagnolo	Madrelingua	Madrelingua
<ul style="list-style-type: none">- Computer skills and competences: computer skills and competences: Microsoft Windows Office Internet Explorer Outlook Access. Computer programming basics		
<ul style="list-style-type: none">- H-index 16 - More than a 130 publications in psychiatry and mental health fields including more than 80 in indexed journals and more than 50 in non-indexed journals. More than 70 abstracts in international congresses and more than 80 abstracts in national (Italian) congresses. Participation in several national and international congresses and courses as speaker. Participation in many main national and international psychiatry and mental health fields research projects.		

RETRIBUZIONE ANNUA LORDA RISULTANTE DAL CONTRATTO INDIVIDUALE

Amministrazione: AZIENDA OSPEDALIERA G. BROTTU

dirigente: Hardoy Maria Carolina

incarico ricoperto: Dirigente - Direzione Sanitaria

stipendio tabellare	posizione parte fissa	posizione parte variabile	retribuzione di risultato	altro*	TOTALE ANNUO LORDO
€ 0,00	€ 0,00	€ 0,00	€ 0,00	€ 0,00	€ 0,00

*ogni altro emolumento retributivo non ricompreso nelle voci precedenti